

Save the SAHM Podcast-May

The Real Struggles of a SAHM

Episode #18 – Feeling Unimportant?

- The enemy wants us to believe that we aren't necessary
- Our impact in life is directly effected by how important/necessary we feel what we do is

1. Why do we feel unimportant?

- a. We do a lot in the background
- b. We do what may be considered “unimportant” work
- c. What others have said about us or what we do
- d. What we have said about ourselves
- e. We have believed a lie somewhere along the way
- f. *John 10:10 “The thief comes to steal and kill and destroy. I came that they may have life and have it abundantly.”*

2. Get from under the lie

- a. We can only go as far as what we believe to be true
- b. If the lie has a thumb on us, we will stay pinned down
- c. We must attack the lie with the truth
- d. *John 8:32 “and you will know the truth, and the truth will set you free.”*

3. Establish TRUTH

- a. What does God say about you?
- b. You are loved, free, reconciled, full of authority, His heir, child of God, to die for!
- c. Fearfully and wonderfully made; made for good works
- d. *Psalms 139:14 “I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.*
- e. *Philippians 2:13 “for it is God who works in you, both to will and to work his good pleasure.”*

4. Live in Truth

- a. We must choose to live in the truth of what God said
- b. We must not only believe in Him but also believe HIM
- c. Refuse to accept anything other than the truth

5. Flourish in the Truth

- a. Do everything from what you know to be true about you/what you know to be true about God



- b. Step into your calling with confidence
- c. Abound in what you do from who you are in Christ

***Today's take away: 5 words to infuse you: I am Free, Important, Powerful, Wanted, Purposed**

