

## **Save the SAHM Podcast-March**

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Episode #7 – Organization for the Messy Momma

#### **1. Don't over think it**

- a. Think simple and functional
- b. Don't compare your situation with others. Borrow ideas, don't try to become them
- c. Don't attempt reinventing the wheel; keep what's already working

#### **2. Purge**

- a. Get rid of what is not being used
- b. Be quick, don't think too hard about each item
- c. The longer you look at something, the longer you find reasons to keep it
- d. Mention Marie Kondo

#### **3. Get storage; Create systems**

- a. Don't break the bank buying storage items; it's just holding your stuff
- b. Recycle & reuse
- c. Make a dollar store run
- d. Come up with system to store and get rid of things
- e. John Maxwell mentions how important systems are in his book, 15 invaluable laws of growth, good read

#### **4. Involve the family**

- a. Explain why getting organized is important to you and for them
- b. Show them
- c. Allow them to help; give them ownership

#### **5. Follow your own systems**

- a. Be the example
- b. Do yourself a favor and actually use your systems to make your life easier

**Today's Take Away: Systems keep us sane.**

