

Save the SAHM Podcast-April

Remember the “Mom” in SAHM

Episode #13 – Find your tribe

- We're not meant to do life alone
- Friendship cultivates growth, community, and compassion

1. Get around some folks

- a. You can't have people in your life if you're never around them
- b. Hermits don't have interactions
- c. Being around people challenges us and grows us
- d. Isolation is another tactic of the enemy to keep us from unity; it takes more than one person to have unity

2. Be friendly

- a. We get more bees with honey than vinegar
- b. There are few things less attractive than an unfriendly/negative person
- c. Proverbs 16:24
- d. Stop thinking that people should always come to you; make the first move
- e. Be the one to reach out every now and then; we usually reap what we sew
- f. Friendship is about giving, not always receiving
- g. 1 Corinthians 13:4

3. Mix it up

- a. Don't hang with the same type of people all the time
- b. Get you some friends who are different than you; different gifts, personalities, physical attributes, cultures, ages, etc.
- c. Mix up you're circle, life's more interesting that way
- d. Refuse to compare yourself to others; celebrate your differences

4. Make your tribe a part of your life

- a. Be vulnerable
- b. Be open to others wisdom
- c. Share your struggles
- d. Share your wins
- e. Be interested in their life also; celebrate and weep with them

5. Bring people in

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- a. Invite others to be a part of your tribe
- b. Don't be exclusive; be open and willing to befriend new people
- c. Don't be afraid to befriend the outcast
- d. Others need help finding their tribe
- e. Your community may be the community someone else has been waiting for

Notes:

- Know that your community may change with seasons and that's ok.
- Rejection is not the end all to building a tribe; the ones who are meant to be there will be there.

Today's Take Away: Be friendly, be community.

