

Save the SAHM Podcast-April

Remember the “Mom” in SAHM

Episode #12 – Don’t Get lost in there

- The enemy comes to steal, kill, and destroy
 - We cannot succumb to the lies of the enemy
- 1. The “I don’t matter” Trap**
 - a. As long as everyone else is good
 - b. As long as everything looks good
 - c. My needs don’t matter
 - d. These are all lies the enemy wants us to believe**
 - 2. The “I don’t matter” Trap**
 - a. Hanging on to false identities
 - b. Taking on duty as identity
 - c. Exchanging who you are for your relational status
 - d. We are not what we do
 - 3. The “I don’t matter” Trap**
 - a. Putting yourself on hold
 - b. Putting your purpose on hold
 - c. Waiting for the right time to be who you want to be/are meant to be
 - 4. Change your thinking**
 - a. Towards yourself
 - b. Towards your season
 - c. Towards your future
 - d. Think beyond the now
 - e. Think about possibilities
 - 5. Stay in the light**
 - a. The enemy wants to keep us in the dark
 - b. We were born for the light
 - c. Stop hiding
 - d. Shine on

Today’s Take Away: A Motto: I am me and then a mom!

