

Save the SAHM Podcast-April

Remember the “Mom” in SAHM

Episode #10 – Who are we in Christ

- We can't know who we truly are until we are identified in Christ
- We can't raise children who are confident in who they are if we don't know or forget who we are

1. Drop the Illusions & Falsehoods

- a. We often can't see who we are because we are looking through the wrong lenses
- b. You are not “just a mom”
- c. *“Do not be deceived, my beloved brothers. Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. Of his own will he brought us forth by the word of truth, that we should be a kind of first fruits of his creatures.” James 1:16-18*
- d. What lies have you believed about yourself?
- e. What/who are you measuring yourself against?
- f. What lies are you telling yourself?
- g. Does how you think/talk about yourself line up with Truth/the Word?
- h. Living from a lie produces a false reality

2. Pick up Your True Identity

- a. We must be found in Christ first; Everything else follows suit
- b. *“The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.” Romans 8:16-17*
- c. You are first a daughter of the King; royal, an heiress
- d. Motherhood must be an extension of who you are in Christ
- e. When we pick up our true identities, our children see and are encouraged to pick up theirs

3. Start Identifying

- a. It's one thing to recognize who you are; it's another thing to confidently identify with it (this is the hardest part)



- b. We must walk in who we are; what good is a car if you don't drive it
- c. No one else can do this for you; You must actively grab hold and live from who you are

4. Celebrate Your Uniqueness

- a. We are made differently for a reason; not to be conformed to someone else
- b. You were specifically made you because only you can do what you do and be who you are; no need to copycat
- c. Celebrate your quirks and unique abilities; these are gifts from the Father

5. Remind Yourself Daily

- a. The enemy is constantly on the prowl to kidnap who we are; we must fight this daily
- b. Practice makes permanent
- c. Take a look in the mirror of the word daily to be re-rooted in the Truth

Today's Take Away: Identity in Christ is where the mom thrives!

